

Four Quadrant Worksheet

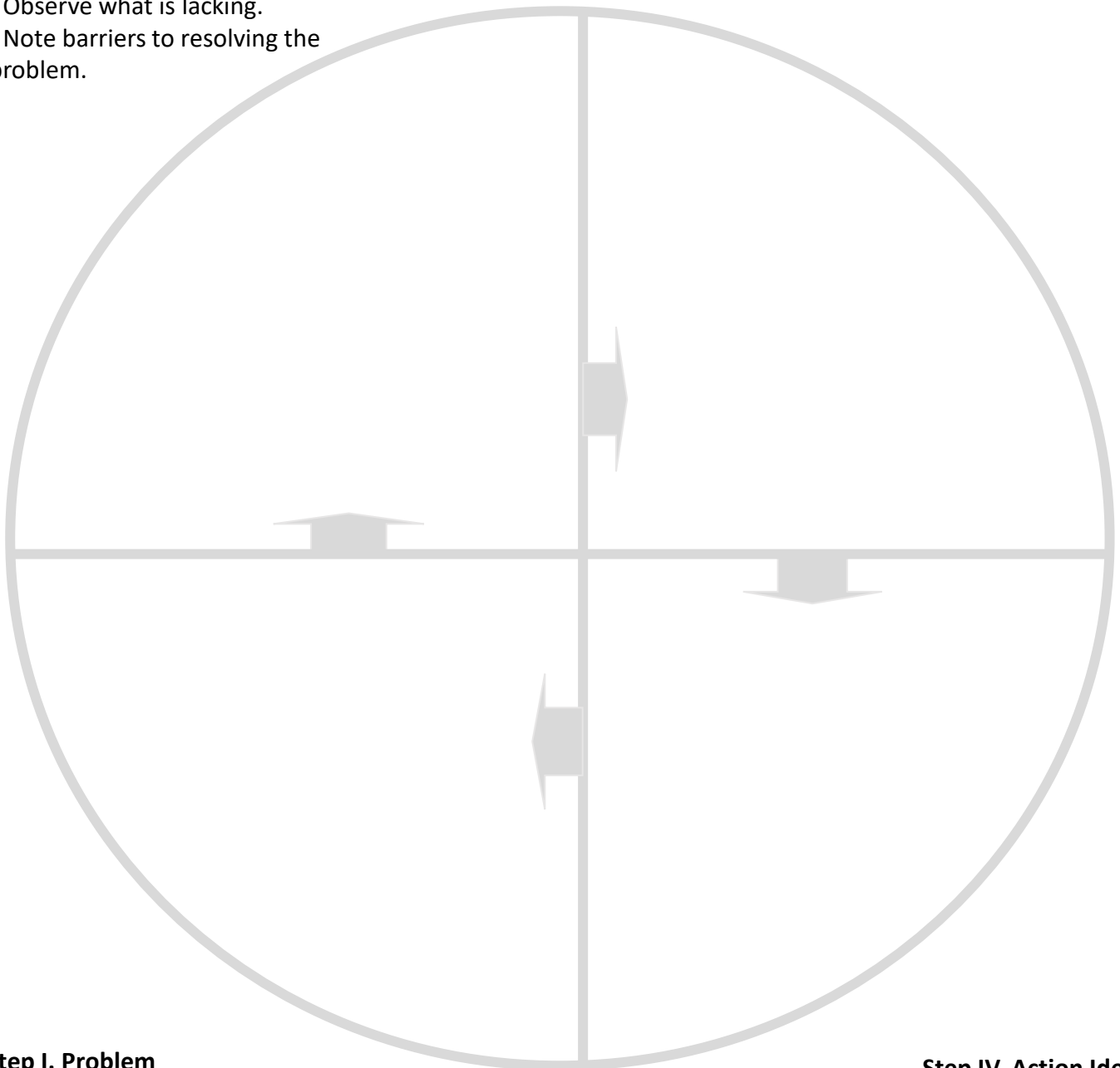
Step II. Analysis

Diagnose the problem:

- Sort symptoms into categories.
- Suggest causes.
- Observe what is lacking.
- Note barriers to resolving the problem.

Step III. Approaches

- What are possible strategies or prescriptions?
 - What are some theoretical cures?
- Generate ideas about what might be done.



Step I. Problem

- What's wrong?
- What are the current symptoms?
- What are the disliked facts contrasted with a preferred situation?

Step IV. Action Ideas

- What might be done?
- What specific steps might be taken to deal with the problem?