



Day 1

Tuesday, January 27, 2026

9:00 AM to 3:30 PM

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*Trainers / Coaches:* Tim Linnehan, Nnena Odim, and Josh Hoch

9:00            Opening Remarks / Welcome / Introductions of Trainers

Program Overview & Purposes

Group Norms

Introduction of Participants

Mediation Poll

Conflict and Conflict Styles

Conflict Styles Assessment

Dispute Resolution and DR Processes

Mediation Overview and Principles

10:45            *Break*

Mediation Skills Checklist

Mediation structure and stages

Mediation simulation and discussion

12:30            *Lunch*

The Mediator's Introduction

Setting the Stage: Goals and skills of the initial joint session

Goals of mediators' caucus

On Role-Playing

Role-play I and small group discussions

Large group discussion

Wrap-Up

3:30            End of Day 1